

# Elements of Marital Happiness

## مقومات البيت السعيد

Prepared by:  
Muhammed bin Abdul-Rahman bin Nasser Al- Zeer

اعداد  
محمد بن عبد الرحمن الزير

## Introduction

Praise be to Allah and peace & blessings be upon the Messenger of Allah,

Allah says “Let there arise out of you a group of people inviting to all that is good (Islam), enjoining Al-Ma’ruf (i.e. Islamic Monotheism and all that Islam orders one to do) and forbidding Al-Munkar (i.e. polytheism and disbelief and all that Islam has forbidden). And it is they who are the successful.” 3/104.

Tamim al-Dari narrated that the Prophet Muhammad (peace and blessings of Allah be upon him ﷺ) said, “The Deen (Religion) is Naseehah (advice, sincerity).” We said, “To whom?” He ﷺ said, “To Allah, His Book, His Messenger, and to the leaders of the Muslims and their common folks.” {Muslim 55}

However, I was listening, once, to the program called (Allahuma Bika Assbahna) “Oh, Allah, by your grace, we got up” broadcasted by the Saudi Radio station “Al-Quran Al-Kareem” (The Holy Quran).

The program talked about the large number of divorces in Saudi Arabia, which saddened me a lot and made me to approach one of my virtuous brothers Mr. Ahmad bin Sulaiman Al-Rassi who was working for that blessed Radio station to request him to address this issue on air through lectures, speeches and available seminars.

He thankfully responded (may Allah reward him greatly), but asked me to contribute, through speeches and writings to highlight this subject.

I responded and sought to the support of All-Mighty Allah and worked on writing these papers to enlighten the couples (husbands & wives) about the “Elements of Marital Happiness” and the obstacles that may hinder happiness at home.

I explained how the marital happiness could go on for so long to make the entire life like “honey” and not only for a month “i.e. the Honey Moon Period” commonly known for some people.

I showed my writings to a group of honorable brothers, and have benefited a lot from their feedback, and I am praying to Almighty Allah that He rewards them greatly.

I ask Allah the All-Mighty to guide each and every couple (husband & wife) to all good and to inspire them to adopt rationality & righteousness concepts in their life and to protect them from the evil of themselves and the evil of Satan.

Hoping, that All-Mighty Allah will accept these notes as a sincere effort exerted purely for the sake of Allah and to reward those who read them and comment thereon all the best.

Peace & Blessings be upon our Messenger Muhammad (ﷺ) and all His Companions.



Muhammed bin Abdul-Rahman bin Nasser Al- Zeer

Propagator at the Ministry of Islamic Affairs, Dawah & Guidance

Riyadh, Saudi Arabia

E-mail address: [Alzeer9000@hotmail.com](mailto:Alzeer9000@hotmail.com)



**In the name of Allah,**

**The Most Gracious, the Most Merciful**

**Introduction:**

Praise be to Allah who guided us to this and would not have been guided if Allah did not guide us, and I bear witness that there is no god but Allah alone and no partners, and I bear witness that Muhammad is his Slave and Messenger peace & blessings be upon him, his family and noble companions.

Allah, the exalted says in the Holy Quran “And of everything we created pairs, that you may remember (the Grace of Allah)” 51/49.

Islam has urged Muslims to marry for the construction of the land, the benefit of individuals, society and the continuation of offspring.

It was narrated that Ma'qil bin (Yassar) said that the Messenger of Allah said: 'Marry the one who is fertile and loving, for I will boast of your great numbers'. {Abu Dawood 2050& Al Nassaie 3227}

He who contemplates the great bond of marital relationship, will notice that the wise legislator has surrounded this relationship with a great & mighty fence making it as one of the limits of God (Hudood Allah) and glorifying its status both at the beginning and at the end, naming the marriage contract as a “Robust Pact”.

The best thing to enjoy in this life for a Muslim is a good wife. Abdullah bin Amr (may Allah be pleased with him) narrated:

The Messenger of Allah (PBUH) said: “The world is but a (quick passage) enjoyment, and the best enjoyment of the world is a pious and virtuous woman”. {Al Bukhari 1467}

Every man would seek and hope to live in happiness and felicity with his wife, which is actually a big demand and can only be accomplished by the blessings of Allah and then by fulfilling the “Elements of Marital Happiness” and avoiding obstacles that prevent occurrence of said happiness (which this book will be carefully elaborating).

“Basic Elements of Marital Happiness”:

There are causes, actions and worships compromised and possibly neglected by some husbands and wives as they thought it has nothing to do with marital life and will have no effects thereon, while there is an important link with marital happiness.

**The most important of which are:**



## 1- Prayer:

Prayer is the primary cause. It is, in fact the second worship after “Shahadatain”, and it represents the link between the slave and His lord and through serenity and tranquility will prevail on worshippers

Maintaining prayers is one of the most important reasons for enjoying a stable life at home and spreading mercy & intimacy between the spouses and which will prevent frustration & distress between them.

This is not a strange situation, as the mercy of the All-Mighty Allah is descending on them.

Allah (Subhanahu Wa Ta’alaa said: “The believers, men and women, are Awliya’ (helpers, supporters, friends, protectors) of one another; they enjoin (on the people) Al-Ma’ruf (i.e. Islamic Monotheism and all that Islam orders one to do), and forbid (people) from Al-Munkar( i.e. polytheism and disbelief of all kinds, and all that Islam has forbidden); they establish As-Salat (Iqamat-as-Salat), and give the Zakat, and obey Allah and His Messenger. Allah will have his Mercy on them. Surely Allah is All-Mighty, All-Wise.”

For that reason, the Messenger of Allah (PBUH) directed Ali bin Abi Talib (his son in Law) and Fatima (his daughter) about the importance of Salah as narrated by Ali who said: “The Messenger of Allah (PBUH), knocked on my door & Fatimah said: “Why do not you get up and perform prayer? “I responded thereon by saying: “We are in the hands of Allah, if he wants to wake us, we will get up”. He did not comment, but I heard him leaving and hitting his thigh and saying “Allah says: “The man is ever more quarrelsome than anything”.

To maintain performing the prayer prevents the Muslim man/woman from falling into Al-Fahisha’ (i.e. the great sins of every kind, unlawful sexual intercourse) and Al-Munkar (i.e. disbelief, polytheism, and every kind of evil wicked deed) that disturb our life, leading the person to distress and misery, and making him focus on trivial matters and wasting time. Allah said: “Prayer prevents the Muslim man/woman from falling into Al-Fahisha’ (i.e. the great sins of every kind, unlawful sexual intercourse) and Al-Munkar (i.e. disbelief, polytheism, and every kind of evil wicked deed)”.29/45

Negligence and default in performing prayer is one of the greatest causes of home disorder, and the occurrence of marital problems that may sometimes end in divorce.

Blessed brothers and sisters just meditate what Allah the All-Mighty has said: (in Surah 2. Al-Baqarah, after the verses of divorce), “Guard strictly (five obligatory) As-Salawat (the prayers) especially the middle Salat (i.e. the best prayer – Al-Asr”.2/238.



This indicates that to maintain performing the prayer is one of the most important reasons for the stability of homes.

From my job experience, working for the Islamic Awareness management, questions about divorce were received, and I used to refer them to His Eminence the Mufti (may Allah preserve him). When asked about divorce reasons, most of those who fell into divorce were because of laziness and negligence in prayer.

Blessed brothers and sisters, to keep performing prayer is like a light shining in your daily life.

The Prophet Muhammad (PBUH) said: “Whoever preserves it will have a light, proof and survival on the Day of Resurrection, and whoever does not observe will have no light, no proof, and survival and he will come together with Pharaoh, Qaroun and Obai bin Khalaf” {ahmad 6576}.

## 2. Preserving Al-Azkaar (remembrance of Allah):

It is one of the acts of worshipping and it comes after prayers. It has a great influence on the stability and safety of homes and protects them against the Satan’s of men & Jinn’s who dominate/prevail over the worshippers through envy, magic, parasitism, hatred or some other means.

Blessed brothers & sisters,

The way can we defend ourselves against those who dedicate themselves and capabilities to shed their evils, corruption and by spoiling our homes, is only by taking refuge of Allah and by reciting Al-Azkaar.

Blessed brothers & sisters,

Let us contemplate the following sayings of Prophet Muhammad (PBUH):

The First: the impact of reciting Al-Azkaar (remembrance of Allah) at the entrance of the house and prior to eating food:

Jabir (May Allah be pleased with him) reported:

I heard the Messenger of Allah (ﷺ) saying: "If a person mentions the Name of Allah upon entering his house or eating, Satan says, addressing his followers: 'You will find nowhere to spend the night and no dinner.' But if he enters without mentioning the Name of Allah, Satan says (to his followers); 'you have found (a place) to spend the night in, and if he does not mention the Name of Allah at the time of eating, Satan says: 'You have found (a place) to spend the night in as well as food.' {Muslim 2018}.

The Second: the impact of saying “Al-Azkaar” (remembrance of Allah) prior to intercourse:

Narrated Ibn `Abbas: The Prophet (ﷺ) said: "If anyone of you, on having sexual relation with his wife, says: 'O Allah! Protect me from Satan, and prevent Satan from approaching the offspring



you are going to give me,' and if it happens that the lady conceives a child, Satan will neither harm it nor be given power over it." {Al-Bukhari 5165}.

The Third: the impact of saying “Al-Azkaar” upon leaving the house:

Umm Salamah narrated that: When the Prophet (ﷺ) would leave his house, he would say: “In the Name of Allah, I place my trust in Allah. O Allah! We seek refuge in you from slipping unintentionally or becoming misguided or committing oppression or being oppressed or acting ignorantly or being treated ignorantly.” {Al-Tirmithi 3427}.

The Fourth: one of the daily Zikr “Al-Zikr Al-Yowmi” (remembrance of Allah) and its impact:

Abu Hurairah (May Allah be pleased with him) reported: The Messenger of Allah (ﷺ) said: "He who utters a hundred times in a day these words: 'La ilaha illallahu, wahdahu la sharika lahu, lahul-mulku wa lahul-hamdu, wa Huwa 'ala kulli sha'in Qadeer (there is no true god except Allah. He is One and He has no partner with Him; His is the sovereignty and He is the praise, and He is Omnipotent),' he will have a reward equivalent to that for emancipating ten slaves, a hundred good deeds will be recorded to his credit, hundreds of his sins will be blotted out from his scroll, and he will be safeguarded against the devil on that day till the evening; and no one will exceed him in doing more excellent good deeds except someone who has recited these words more often than him." {Al-Bukhari 3293}.

Then, think about “Al-Zikr Al-Yowmi” and other authenticated Zikrs of the Prophet (ﷺ) that brings peace and tranquility life to the hearts. Allah says: “Verily, in the remembrance of Allah do hearts find rest”13/28.

Narrated Abu Musa: The Prophet (ﷺ) said, "The example of the one who celebrates the Praises of his Lord (Allah) in comparison to the one who does not celebrate the Praises of his Lord, is that of a living creature compared to a dead one." {Al-Bukhari 6407}.

### 3. Repeat frequently saying “Al-Zikr”:

Blessed brothers & sisters,

Every Muslim (male or female) must feel sure that Allah has, in his hand, all the good and He is capable of everything and can remove all harms. Allah says: “And, if Allah touches you with harm, none can remove it but He, and if He touches you with good, then He is Able do all things” 6/17.

Therefore, we must be sincere in our refuge to God, and in our supplication to Him. He is the nearest respondent and He (Alone) is sufficient for us, and the Best Disposer of affairs." Allah says: “Who hears the cry of the anguished (soul) when it calls to Him, and relieves its suffering?” 27 /62.



You have to pray three times choosing the proper times of answering as Allah is capable of everything.

The believer knows, with certainty, that no matter how intelligent or wise the man/woman is, he/she is indispensable, even for one moment of his/her life, from Allah the All-Almighty and must resort to Him.

The Prophet Muhammad (ﷺ) said that: “O Living, O Self-Sustaining Sustainer! In Your Mercy do I seek relief, do not abandon me to myself for an instant, put all my affairs in good order for me”.

Pray to your Lord before the marriage that Allah blesses you with a good wife, and after that to make your married life based on affection and compassion and integrity to obey Allah and perpetuate this blessing on you. The wife should also say the same prayers.

For any misfortunes, in your married life, pray directly to Allah whose all good are in His hand and who is all controlling & all capable of anything. Allah said: “And your Lord said “Invoke Me, {i.e. believe in My Oneness (Islamic Monotheism) and ask me for anything} I will respond to your (invocation)”.40/60 Allah, also said “When My slaves ask you (O Muhammad) concerning me (answer them), I am near to them (by knowledge). I respond to the invocations of the supplicant when he calls on me (without any mediator or intercessor).”2/286.

#### 4- Reading Qur’an:

The Noble Qur’an is a Book of Guidance, Healing, Exhortation, Illustration, Warning, Light and Mercy. The Almighty Allah says:” O mankind! Verily, there has come to you a convincing proof (Prophet Muhammad) from your Lord; and We sent down to you a manifest light (this Qur’an). Allah, also said “So, as for those who believed I Allah and held fast to Him, He will admit them to His Mercy and Grace (i.e. Paradise), and guide them to Himself by the Straight Path”2/174-175.

Blessed brother & sister,

There are twenty-four hours every day & night. How much do we devote this to the Holy Quran from our time, every day & night?

Do sometimes, one, two days, or three days or more pass by without you sitting down to read the Holy Qur’an?

No wonder why loneliness was able to devour our hearts, and as a result we found ourselves distant from obedience to our Lord Allah and got busy with useless and unimportant matters which brought harm to our houses in this world and the hereafter.



Reading the Qur'an is one the reasons of enjoying comfortability, having an easy process and facilitation of life commitments, prevailing of blessing (Al-Baraka), expulsion of devils and increment of good deeds rewards.

Reading Qur'an is the greatest trade wining; it is having a trade with Allah. Allah says:” Verily, those who recite the Book of Allah (this Qur’an), and establish As-Salat (Iqamat-as-Salat), and spend (in charity) out of what We have provided for you, secretly and openly, they hope for a (sure) trade-gain that will never perish” “That He may pay him their wages in full, and give them (even )more, out of His Grace. Verily he is Oft-Forgiving, most ready to appreciate (good deeds and to recompense”35/29-30. Actually, the Qur’an is good and is a blessing, Allah said: “Verily, this Qur’an guides to that which is most just and right and gives glad tidings to the believers in the Oneness of Allah and His Messenger, Muhammad), who work for the deeds of righteousness, that they shall have a great reward (paradise)” 17/6.

Abu Umama Al Baahili said he heard Allah's Messenger (ﷺ) say: “Recite Surah al-Baqarah, for to take recourse to it is a blessing and to give it up is a cause of grief, and the magicians cannot confront it”. {Muslim 2018}.

So, greetings and glad tidings to those houses, which collect the blessing of Qur'an.

## 5. Required Specifications of the couple (Husband & Wife):

### A) The Husband:

One of the basic requirements of Marital Happiness is to choose a good wife.

Some of the young people, at the time of their marriage, will ask those who will choose the partner for him (i.e. his mother, sister and others) to take care of the beauty features of the partner, and to overlook other important specifications that will have the real impacts on marital happiness.

It is recorded, from the experience of some young people who made mistakes in selecting their wives depending only on aesthetic criteria, then they regret it a lot as their marital life becomes unstable, and some of them do not complete a year or two of marriage and get divorced due to bad behavior ill-mannered wife.

Abu Hurairah (May Allah be pleased with him) reported: The Prophet (ﷺ) said, "A woman is married for four things: for her wealth, for her lineage, for her beauty or for her piety. Select the pious, may you be blessed!" {Muslim}.

### B) The wife:

Islam has taken great care in choosing the husband. It was narrated from Abu Hurairah: that the Messenger of Allah said: "If there comes to you one with whose character and religious commitment you are pleased, then marry (your daughter or female relative under your care) to him, for if you do not do that there will be Fitnah in the land and widespread corruption".



The husband must be good in religion and in personal behavior (i.e. firstly, how he is responding to the orders of God, the most important of which is the prayer and keeping away from the forbidden behaviors and secondly, his behavior must be satisfying). The good character is a great and very important requirement to accept or reject the husband.

When the man complies with the two requirements, happiness can be achieved between the spouses.

Dear blessed brother, see how Islam did not pay attention to the money and its abundance nor to the social Status or any other demands of the worldly life, which means a lot for many people these days.

Allah the Almighty said "And marry those among you who are single (i.e. a man who has no wife and the woman who has no husband) and (marry the Saliheen (pious, fit and capable ones) of your (male) slaves and maid-servants (female slaves> If they be poor, Allah will enrich them out of His Bounty. And Allah is All-Sufficient for His creations needs, All-Knowing (about the state of the people).24/32. Richness comes after fulfilling Salah al-Din and the virtuous morality.

## 6. Good cohabitation:

My blessed brother, Allah the Almighty guides the couples to various means to maintain Marital Happiness, urging the spouses to be patient and tolerant, although they might hate certain characteristics or behavior of each other in order to ensure the continuity of marital life.

Allah said, "And live with them honorably. If you dislike them, it may be that you dislike a thing and Allah brings through it a great deal of good"4/19.

Abu Hurairah (May Allah be pleased with him) reported: Messenger of Allah (ﷺ) said: "A believer must not hate (his wife) believing woman; if he dislikes one of her characteristics he will be pleased with another".  
{Muslim 1469}.

Abu Hurairah (May Allah be pleased with him) reported also that the:

Messenger of Allah (ﷺ) said: " Act kindly towards women, for they were created from a rib, and the most crooked part of a rib is its uppermost....."  
{Al-Bukhari}.

Therefore it is necessary to invoke these things and to deal with the wife in accordance with these guidance of the Prophet.

Allah said: "Live with them honorably" 4/19. Sheikh Abdurrahman Al-Saadi "May Allah have mercy on him" said: "Living with them/wives honorably includes practicing colloquial and actual intercourse with them.

The husband should honorably cohabit his wife adopting the virtues of good companionship, refraining from harming his wife, treating her with Ihsaan (kindness) and treating her nicely. This will include paying her the maintenance and covering the costs of her clothing... etc. so it is an obligation of the husband towards his wife, similar to what is an obligation of a



similar husband to a similar wife at similar time and place, and this varies depending on the situation.

It was narrated from Ibn 'Abbas that: the Prophet said: "The best of you is the one who is best to his wife, and I am the best of you to my wives." {Al-Bukhari 3895}.

Blessed brother & sister, think for whom this priority is? It is from the husband to his wife and it can be achieved only with good cohabitation, and will be accomplished through patience after the support of God.

The Prophet (peace and blessings of Allah be upon him) has given the finest examples of this, as this will be seen later on.

The woman should also know the husband's rights on his wife and to obey his orders so that happiness for the couple can be achieved. She should keep her home tidy and let those enter the home which is accepted by her husband and to observe God in dealing with her husband and to take care of her children and to raise them very well in cooperation with her husband.

She should take care of herself and address her husband with nice words and good deeds and to receive him with attitudes that would bring love and intimacy between them.

This kind of behavior should prevail on their daily life. She should be thankful to him for what he is offering so that the threats and teaching of the Prophet Muhammad (peace and blessings be upon him) can be avoided.

She should avoid, very much, showing her superiority as this will lead to dissatisfaction in marital life and to him this is the entrance to the deserts in married life, and the children will adopt the same attitude towards their father, and issues of contradiction between the wife and husband in raising the children will start to emerge.

Adopting these recommendations will make the husband able to reconcile with his circumstances and to live a joyful life full of affection, mercy and happiness.

In certain circumstances it cannot be corrected, there are legitimate steps that the husband can take prior to divorce, which we will discuss at the end of this book.

### **7. Staying at home:**

It is known that both spouses need to sit with each other to find intimacy and to alleviate the burdens & concerns of this life.

However, sitting together at home for some couples has become very rare these days as some husbands are mostly outside their houses to spend long hours in coffee shops or other places. Moreover, nobody may know what could happen after these coffee shop hours. We sought refuge in Allah, He is the one from whom aid is sought, and there is no might or power except by Allah.

Or perhaps the man is inside his home, but he is preoccupied with his mobile or with other tasks and does not devote himself to really engaging with his family.

Let us pose here the following questions,

- To whom the wife can talk to?



- Who will be the best in helping the wife raise the children and towards relieving other sufferings of life?
- Does the lack of the husband's sitting at home increase or decrease the affection/intimacy between him & his wife?
- Does this way of staying or non-staying at home address and/ relieve the sufferings of the wife in raising up her children and taking care of the house?

The Answer is no.

It actually worsens the problem and will lead to the weakness of Marital Relation and consequently to unfavorable results.

Research and documented facts confirm that the most prominent causes of tragedies of blackmailing and immoral crimes, to which some women and girls are subjected to be due to the emotional deprivation towards women, and because of the tough treatment they have received from men.

This poisonous atmosphere/background would open the door for the human devils to infiltrate into the hearts of the soft and weak women to seduce them.

If we gave a quick look at the homes of the Prophet Muhammad (Peace and Blessings of Allah be upon Him), we would see the highest criteria of good treatment of the wives and the magnificent style of Marital Life, and if we studied the attitude of Prophet Muhammad (Peace and Blessings of Allah be upon Him), we would be impressed of what was going in these homes.

If we adopted the same rules of the Prophets' homes, we would have all issues and solutions of the life, and the homes would be reformed from the inside and outside (i.e. of visible & invisible issues).

Narrated by `Aisha: Whenever Allah's Messenger (ﷺ) finished his ASR prayer, he would enter upon his wives and stay with one of them {Al-Bukhari 5268}. Means kissing & fondling with intercourse.

But at night they may gather together in one of their homes, and he will come and converse with them and comfort them. Anas (may Allah be pleased with him) reported that Allah's Apostle (ﷺ) had nine wives. So when he divided (his stay) with them, the turn of the first wife would not come but on the ninth (day). They (all the wives) used to gather every night in the house of one where he had to come (and stay that night). {Muslim 1462}

Women need to be talked and listened to, even if she is not suffering from any problems. The talk itself is a sociable & comfortable activity. Then, what if she is suffering from something that made her tired and exhausted (i.e. the house work, the disturbing of children or any other thing).

Talking between the husband & wife will have special impacts on the wife more than what we may expect & we are not unaware of that.

Narrated by Aisha (RA): After offering the Sunnah of the Fajr prayer, the Prophet (ﷺ) used to talk to me, if I happen to be awake; otherwise he would lie down till the Iqama call was proclaimed (for the Fajr prayer).



Do contemplate, dear husband, the way the Messenger of Allah (Peace and Blessings of Allah be upon him) would talk to his wife at the last part of the nighttime before the call of Fajr Prayer. Think about this great attitude and elegant behavior of the Prophet towards his wife (if she is awake, he would talk to her, but if she was asleep, he would not wake her up) he would lie down and wait for the call for prayer.

The Prophet (Peace and Blessings of Allah be upon him) would not leave cordiality & geniality with his wives, even at the first night of marriage.

**Narrated by Anas (RA):** A banquet of bread and meat was held on the marriage of the Prophet (ﷺ) to Zainab bint Jahsh... The Prophet (ﷺ) left and went towards the dwelling place of Aisha and said, "Peace and Allah's Mercy be on you, O the people of the house!" She replied, "Peace and the mercy of Allah be on you too. How did you find your wife? May Allah bless you. Then he went to the dwelling places of all his other wives and repeated to them the same as he said to Aisha and they replied to him the same way as Aisha had replied. {Al-Bukhari 4793}.

Many husbands neglect sitting with their wives and children on the pretention of him being busy. Some husbands even consider it unnecessary, as long as he is fulfilling their needs. These men do not know that they, themselves are the most benefiting of such sittings with their families (the wife and children). The impact is very influential on the upbringing, behavior and emotions of their children.

### **8- The Spouses should know each other:**

Allah has given both spouses advantages and abilities that may be overlooked by the partner.

Here, I would recall a case of one husband who complained about something in his wife. After asking him about some of the attributes of his wife, it turned out to be that God has given his wife abilities that he did not recognize and that many of the disgraceful deeds between them could have been corrected or eliminated if only he understood her. Their unhappy life could have been changed in to an intimate and affectionate life.

We have to admit that every person has negative aspects and positives ones. If we praised the positive aspects and ignored the negatives, convergence between the spouses will be enhanced.

### **9- Forbearance/kindness:**

Forbearance is being lenient in both the saying and doing things, and adopting the most tolerant. Urwa ibn Az-Zubayr (God bless them) narrated "Allah, the Majestic forbearance in all matters" {Al-Bukhari 6024 & Muslim2163}.

'A'isha, the wife of Allah's Apostle (ﷺ), reported Allah's Apostle (ﷺ) as saying: "Kindness is not to be found in anything but that it adds to its beauty and it is not withdrawn from anything but makes it defective. {Muslim2594}.

Forbearance/kindness is a fruit that only good manners can produce, and can only be achieved by controlling the anger, lust, and tanning them to moderation level.



For this reason, the Messenger of Allah (Peace and Blessings of Allah be upon him) commended the Forbearance/ kindness and emphasized it.

Blessed brother and sister,

This is the real meaning of Forbearance/kindness. It is not confined by the boundaries that some people imagine.

It is something general in all fields of sensual and moral issues that include (kindness in decision-making & kindness in dealing with people) exactly as it is clearly manifested in the biography of Prophet Muhammad (ﷺ) in dealing with those around him.

Look at what happened between the Prophet (Peace & Blessings of Allah be upon him), with his wife and one of the Jews. Narrated Ibn Abi Mulaika: `Aisha said: "The Jews came to the Prophet (ﷺ) and said to him, "As-Samu 'Alaika (i.e., Death be upon you)." `Aisha said to them: "Death be upon you, and may Allah curse you and shower His wrath upon you!" Allah's Messenger (ﷺ) said, "Be gentle and calm, O `Aisha! Be gentle and beware of being harsh and saying evil things." She said: "Didn't you hear what they said?" He said, "Didn't you hear what I replied (to them)? I have returned their statement to them, and my invocation against them will be accepted but theirs against me will not be accepted {Al-Bukhari 6030}.

'A'isha reported that some Jews came to Allah's Apostle (ﷺ) Abu Ad-Darda narrated that the Messenger of Allah said: "Whoever has been given his share of gentleness, then he has been given a share of goodness. In addition, whoever has been prevented from his share of gentleness, then he has been prevented from his share of good. "{Al Tirmithi 2013}.

When we understand that Forbearance/kindness is the path leading to paradise, we will not deviate from it & we will strive to establish it as it yields the love of God and the love of people.

It is the evidence of good personality of the slave of Allah and a proof of his good manners as it is a key of his happiness in this life and hereafter.

So let us adopt this attitude in our dealings inside our homes, dealing with our husbands & children as well as with our servants so that the Peace and Tranquility in our homes can be survived, God willing.

### **10-Forgiveness:**

Forgiving is more expressive than pardoning, as forgiving is fully abolishing sins, while pardoning is to waive blaming of the sins committed and no rewards gained.

Allah said: "Let them pardon and forgive. Do you not love that Allah should forgive you? And Allah is Oft-Forgiving. Most Merciful"24/22. Allah, also, said: "But if you pardon (them) and overlook, and forgive (their faults, then Allah is Oft-Forgiving, Most Merciful"64/14.



'Aisha (Peace be upon her) was asked about the character of the Messenger of Allah. She said: "He was not obscene, nor uttering obscenities, nor screaming in the markets, he would not return an evil with an evil, but rather he was pardoning and forgiving." {Al- Tirmithi 2016}.

This elegant manner is the perfect example to adopt for the relation between spouses.

If your husband/wife uttered a bad word or behaved inadequately towards you, face that situation with pardoning and forgiveness and apply some good guidance and advice.

Do not react badly to bad behavior. Respond nicely looking forward to the rewards of Allah who is not wasting your rewards.

You will find the good effect of that pardoning and forgiveness in changing the conditions of your husband/wife God willing.

First, forgiveness is an obedience to God, and then it is "Ihsaan", which is the highest level of faith, and it is one of the causes of happiness in this world and in the Hereafter. It is actually what each couple would desire.

### **11- Reproaching and Openness:**

It was narrated that Abu Darda (may Allah be pleased with him) said: "Reproaching the brother is better than losing him. However, preaching should be adopted to some limit in certain cases. Al-Maawardi (may Allah have mercy on him) said: "Much repentance may lead to the break, but leaving it entirely is an evidence of lack of interest in his friend).

Marital life may be inflicted with some distresses and anxieties due to one or more reasons, so if each partner could gently & frankly reveal his/her attitude, problems could be eliminated.

Think about this attitude of the Prophet Muhammad (Peace and Blessing be upon him) saying to 'A'isha, the wife of Allah's Apostle (ﷺ) Allah's Messenger: "I can well discern when you are pleased with me and when you are annoyed with me. I said: "How do you discern it?" Thereupon he said: "When you are pleased with me you say;" No, by the Lord of Muhammad," and when you are annoyed with me, you say:" No, by the Lord of Ibrahim." I said: "Allah's Messenger, by Allah, I in fact leave your name" (when I am annoyed with you) {Al-Bukhari 5228 & Muslim 2439}. Think about how they disclosed what were inside themselves.

Openness can remove the rust of hatred, increase intimacy, remove discord & temptation of Satan, purify the souls from sins, strengthen the bonds of friendship, and increase understanding between the spouses.

When reproaching, it is just a little and developed in a good manner mixed with some marital flirtation will achieve the benefit for spouses and perpetuate the affection between them.



## 12- Giving Advice & recommending one another to the truth (i.e. ordering one another to perform all kinds of good deeds):

An advice is a collective word which means (the adviser would render his consultation/advice to the other person to guide them to perform all kind of good deeds).

In the noble Quran, “And I am a trustworthy adviser (or well-wisher) for you” 7/68, “And give sincere advice to you”7/62.

Jarir bin 'Abdullah (May Allah be pleased with him) reported: I made my covenant with the Messenger of Allah (ﷺ) on the observance of Salat, payment of Zakat, and giving counselling to a Muslim.”{Al-Bukhari 1410 - Muslim 56}.

Giving Advice & recommending one another to the truth is an important requirement among all Muslims and most importantly between the husband & wife so that life can be straightened and deflection can be modified for the both of them to enjoy a stable life and elevate to supremacy and address the mistakes.

### Obstacles to achieve marital happiness:

#### 1-Improper use of modern communication:

The modern media have plagued people in our time with both (good and evil sides). Improper use of media may result in great damages & if you want to know to what extent these damages may cause, consider the following:

- 1) - How much time does he spend each day with these media/ communication means?
- 2) - What are these programs, and sections that he read or saw?
- 3) – Does his faith increase or decrease? Do they bring him closer to God or further?
- 4) –Do they have an impact on his relation with his Lord first and then his parents, his wife and children?

Blessed brother, and sister,  
Honesty is the right way to fix mistakes.

Unleashing your hearing and vision (guided by your desire to see and hear everything you want), will expose you to fall into evil and prohibited deeds then to be subjected to weakness of faith, and to suffer from an injury of a serious disease that the Prophet Muhammad (Peace and Blessings be upon him) has warned against (i.e. negligence).

Allah the Almighty said: “And be not of those who are neglectful.”7/205 otherwise, the person will be heedless of the duties assigned to him by his Creator, and then of duties he must assume towards his parents, wife and children.

He will be preoccupied with trivial issues and will decline until he falls into sins and be consumed by the inferiority of this world and time wasting. Allah said: “And keep yourself (O Muhammad ﷺ) patiently with those who call on their Lord (i.e. your companions who remember



their Lord with glorification, praising in prayers etc., and other righteous deeds, etc.) morning and afternoon, seeking His Face, and let not your eyes overlook them, desiring the pomp and glitter of the life of the world; and obey not him whose heart We have made heedless of Our Remembrance, one who follows his own lusts and whose affair (deeds) has been lost”18/28.

The Man will forget the encounter with the Almighty. Allah said: “Verily, those who hope not for their meeting with Us, but are pleased and satisfied with the life of the present world, and those who are heedless of Our Ayat (proofs, evidences, verses, lessons, signs, revelations, etc.), Those, their abode will be the Fire, because of what they used to earn. 10/7-8.

## 2- Underestimating committing sins:

Among other causes of marital differences & occurrence of splits in the intimate wall of married life is adopting lenient attitude towards committing small sins, one after the other, until the scale becomes too heavy and the person tends to commit “Kabaa’ir” major sins.

Al-Hasan al-Basri, may God have mercy on him, said: "By God, I see the effect of sin in my donkey and my wife.”.

So big was the fear of Al-Salaf/Pious predecessors (may Allah have mercy on them) of the effects of sins on their marital relations.

Do we realize the seriousness of our sins in our homes?!

The Prophet Muhammad (Peace and blessings of Allah be upon him) said: “Beware of sins that are thought of as minor, because they accumulate until they cause a man’s destruction” {Musnad Ahmad 3818}.

Underestimating the sins causes estrangement between God and his slave, jinn and mankind obsession, difficulty of doing acts of worship, the feeling of constriction of the heart, chest discomfort and loss of comfort in his house, family and children. Allah said: “But whosoever turns away from My Reminder (i.e. neither believes in this Qur’an nor acts on its orders, etc.) verily, for him is a life of hardship, and We shall raise him up blind on the Day of Resurrection.” 20/124.

## 3- Interference of the family of husband or wife:

The marital home is built on a solid relationship with two pillars (affection and mercy). God identified these two pillars as signs to think about. Allah said: “And among His Signs is this, that He created for you wives from among yourselves, that you may find repose in them, and He has put between you affection and mercy. Verily, in that are indeed signs for a people who reflect”. 21/121.

This building/the house will stand high and robust if we can stay free from outer interference. Once external interference starts, faults start to appear followed by disintegration and weakness, unless these interventions enhance the strength of marital relationship, and solve its problems and heal any accidental wounds.

It is recommended therefore, that the couple should secretly try to address any disputes they might have in the best and easiest way.

A unique model of dealing with possible disputes that may occur in marital houses, is what Sahl bin Sa`d narrated. He said: “Allah’s Messenger (ﷺ) came to the house of Fatima and he did not



find `Ali in the house; whereupon he said: “Where is your uncle's son”? She said: “(There cropped up something) between me and him which had annoyed him. He went out and did not rest here. Allah's Messenger (ﷺ) asked a person to find out where he was. He came and said: “Allah's Messenger, he is sleeping in the mosque. Allah's Messenger (ﷺ) came to him and found him lying in the mosque and saw that his mantle had slipped from his back and his back was covered with dust. Allah's Messenger (ﷺ) began to wipe it away from him saying: “Get up, you are covered with dust (Abu Turab) Get up, you are covered with dust {Al-Bukhari}.

We desperately need to know and follow such an optimal attitude of the Prophet Muhammad (Peace & Blessings be upon him) towards his daughter and her husband.

#### **Lessons to be learnt from this incident:**

- 1) – We did not know what happened between the husband & his wife or the reason why Ali (May peace be upon him) did not rest at his home.
- 2) –The immediate action taken by the Prophet Muhammad (PBUH) to solve the problem to search for Ali (May Allah be pleased with him) by himself.
- 3) –The initiative taken by the Prophet personally to go to the Mosque to see Ali (May Allah be pleased with him.)
- 4) -The Prophet (PBUH) wiped the dust with his own hand from Ali (May Allah be pleased with him.)
- 5) - The Prophet (PBUH) joked with him by calling him (Abu Turab); get up (Abu Turab), you are covered with dust.

#### **4-) Weakness of the wife's conviction of Man as protectors and maintainers of women:**

Blessed brother & sister

When there are Quran verses revealed or Hadith of Prophet Muhammad (PBUH) narrated for some special issue, there are boundaries that we cannot go beyond, and should not allow ourselves to go inside. Muslims (male or female) should only say we hear, and we obey.

Allah said: “The only saying of the faithful believers, when they are called to Allah (His Words, the Qur'an) and His Messenger (ﷺ), to judge between them, is that they say: "We hear and we obey". "And such are the prosperous ones (who will live forever in Paradise). 24/51 Allah said:" And whosoever obeys Allah and His Messenger (ﷺ), fears Allah, and keeps his duty (to Him), such are the successful ones".24/52.



Allah said: "It is not for a believer, man or woman, when Allah and His Messenger have decreed a matter that they should have any option in their decision. And whoever disobeys Allah and His Messenger, he has indeed strayed in a plain error" 33/36.

So, where is the surrender to the Almighty God and where is the obedience by God's orders and avoidance of his restrictions. And then the women taking into consideration that women are weak and incomplete in the mind and religion as told by Prophet Muhammad (PBUH) and they need somebody to stand with them, support and guide them to the right direction. Allah said: "Men are the protectors and maintainers of women, because Allah has made one of them to excel the other, and because they spend (to support them) from their means. Therefore the righteous women are devoutly obedient (to Allah and to their husbands), and guard in the husband's absence what Allah orders them to guard (e.g. their chastity, their husband's property, etc.). As to those women on whose part you see ill-conduct, admonish them (first), (next), refuse to share their beds, (and last) beat them (lightly, if it is useful), but if they return to obedience, seek not against them means (of annoyance). Surely, Allah is Ever Most High, Most Great. 4/34.

### 5-) Smoking, Drugs and Alcohol:

Allah the Almighty has restricted these things because of the major damage it causes. While the person knows one thing, there will many things hidden and he will not know about them.

Is smoking good/harmless/lawful or it is bad/harmful/unlawful? Does it increase or decrease the money? Does the smoker get healthier etc.? Does smoking hurt the smoker or does it hurts the others as well?

Blessed brother & sister,

The human being is created to love nice smells.

Just think about the smell of smoking, then think about those sitting together to smoke (what kind of discussion might they be involved in, and what affects it might inflict upon the marriage life)?

Then what about drugs, which is more dangerous and catastrophic than smoking on the family life. Drugs spoil the morality and worshipping of the husband, spoiling his money and leading him to neglect his wife and children.

Blessed brother & sister,

What about those who are suffering from some of these taboos, what type of relation do they have with their parents, wives and their offspring.

Visit, if you wish the courts and prisons and you will see the grieving & hurt it causes.

### 6-) Anger:



Abu Hurairah (RA) narrated, 'A man said: "O Messenger of Allah, advise me." The Messenger of Allah (ﷺ) said: "Do not get angry." The man repeated that several times and he replied, "Do not get angry." {Al-Bukhari 6116}.

In order to avoid anger, we must realize its grave impacts, and the resultant damages that nobody knows except the Almighty God. The problems it causes within the family, the children and the society.

### **How to avoid Anger:**

1. To seek refuge with Allah from the accused Satan:

**Narrated by Sulaiman bin Surd:** While I was sitting in the company of the Prophet, two men abused each other and the face of one of them became red with anger, and his jugular veins swelled (i.e. he became furious). On that the Prophet said: "I know a word, the saying of which will cause him to relax and calm down. If he says: "I seek Refuge with Allah from Satan.' then all his anger will go away." {Al-Bukhari 6115 & Muslim 2610}.

2- When anger occurs, if are standing up, sit down and lie down if you are sitting and say: "I seek refuge with Allah from the accursed Satan". Then, Get out of your place and go to another place. Do ablution and pray two Rak'ahs.

3-To reflect on the understanding contained in the virtue of amnesty, coolness and think about the rewards of Allah.

### **7- ) Telling lies:**

The Almighty says: "O you who believe! Be afraid of Allah, and be with those who are true (in words and deeds)" 9/119.

**Abdullah bin Mas'ud (May Allah be pleased with him) reported:** The Prophet (ﷺ) said: "Falsehood leads to immorality and immorality leads to the Fire (Hell). {Al-Bukhari 6094 & Muslim 2607}.

Some husbands misunderstand the permissibility of lying to their wife, and they are wrong. They keep lying until all their life with their wives becomes a lie.

Actually, life based on lying does not contain comfortability or tranquility, but dominated by turmoil, doubts, and bad beliefs. All that is due to the mistrust of each.

Through lying, marriage would become miserable, troublesome and hatred would start to prevail between the couples.

Dear brother (the husband), be honest towards your creator the Almighty God, and be honest with those who you deal with to allow amicability & love between you and your wife.

### **8-) Disclosing what is going on inside the house to others:**

Matrimonial homes have doors so that people from outside the homes cannot see inside. However, nowadays things inside the homes are not only disclosed verbally by tongues, but by people documenting everything by taking photographs and using the new technology of the media.

They even take photo shots of fabricated actions that do not actually take place.



The question is “who will benefit from revealing incidents inside the home? The answer is nobody. All this revealing or disclosing is “harmful”.

Look at what the Prophet Muhammed (Peace & Blessing be upon him) do when he saw someone peeping through the house without permission.

Narrated Sahl bin Sa`d: “A man peeped through hole into the dwelling place of the Prophet, while the Prophet (ﷺ) had a Midray (an iron comb) with which he was scratching his head. The Prophet (ﷺ) said: "If I had known you were looking (through the hole), I would have pierced your eye with it (i.e. the comb). “Verily! The order of taking permission to enter has been enjoined because of that sight, (that one should not look unlawfully at the state of others)” {Al-Bukhari 6241 & Muslim 2156}.

Umar (peace be upon him) said: "Whoever fills his eye from the bottom of a house without given permission to do so has committed (Fisq) an evil doing".

Prophet Muhammad (Peace and Blessings of Allah be upon him) said:

Verily! The order of taking permission to enter has been enjoined because of that sight, (that one should not look unlawfully at the state of others)”

This punishment is ruled out to save & protect the homes and their habitants. Therefore, what can the punishment be for the one who discloses his family secrets to others?

Dear brothers, why are we allowing other people to know about our life and personal matters?

Are we not ashamed of ourselves? Are we not afraid of God? Are we not worried from the eyes and tongues of the envious people?

In addition, irresponsible attitudes have harmful impacts on our homes that can lead to animosity, disputes, and hatred and possibly to divorce.

### 9- ) Misconception:

Allah Almighty said: “O you who believe! Avoid much suspicions, indeed some suspicions are sins. And spy not, neither backbite one another. Would one of you like to eat the flesh of his dead brother? You would hate it (so hate backbiting). And fear Allah. Verily, Allah is the One Who accepts repentance, Most Merciful.” 48/12.

In addition, The Messenger of Allah (ﷺ) said: "Beware of suspicion, for suspicion is the worst of false tales." {Al-Bukhari & Muslim}.

Ibn Qudamah said: “It is not permissible for you to think of a Muslim as an evil person unless something is revealed that cannot be interpreted”.

Allah Almighty said: “While they have no knowledge thereof. They follow but a guess, and verily, guess is no substitute for the truth.” 53/28.

Good thoughts of each other is required between all Muslims, especially between spouses. The bad thoughts generate enmity and hatred, and it is an evidence of mistrust, and a key of many evils and terrible consequences.

Bad thoughts is a proof of bad intentions & corruption. It ends up with the mistrust created between the spouses, which ends up with the separation.



So be aware of bad thoughts of the partner and be good to each other.

### 10-) Marital Infidelity:

God the Almighty enjoined on the slaves to protect their private parts and to relieve the Unlawful “Haram”, and to beware of the ways leading to Marital Infidelity, which is the forbidden look.

Allah Almighty said: “Tell the believing men to lower their gaze (from looking at forbidden things), and protect their private parts (from illegal sexual acts...)” 24/30.

Allah also said: “And tell the believing women to lower their gaze (from looking at forbidden things), and protect their private parts (from illegal sexual acts, etc.) and not to show off their adornment except only that which is apparent (like palms of hands or one eye or both eyes for necessity to see the way, or outer dress like veil, gloves, head-cover, hijab...)” 24/31.

This evil will start by unleashing at what is forbidden by God. If only, we could think about the advantages of avoiding gazing, we would discover great benefits; the slave would enjoy the following:

1. The sweetness of “Iman/faith”, through avoiding looking at the unlawful/forbidding things. This is much better and sweeter than looking at the forbidden things.  
Whoever leaves something for the sake of God, the Almighty will reward him much better.
2. The great light in his heart and mind. God the Almighty mentioned immediately after the Ayahs/Signs of avoiding gazing in Surah “Al-Nur” “Allah is the Light of the heavens and the earth” 24/35.
3. Strength, steadfastness and courage in the person’s heart.
4. God will change this act of giving up Haram into a light that is sweet and be can felt in the person’s heart.
5. This act of giving up Haram contains obedience to Allah and His Messenger, resulting in gaining love that would lead the slave to Paradise.
6. It contains tranquility for the soul and body.
- 7- It’s keeps incest safe and avoids falling into slippage.
- 8- Makes the community safe and loving by adopting these rules.
- 9- Harms the devil/Satan and his assistants, and prevails righteousness.

If a person unleashes his eyesight to see what God has forbidden, the steps of the devil will start approaching him, step by step, until he falls into what God has forbidden. This was clarified by Imam Ibn al-Qayyim (May Allah have mercy on him) in his book The Benefits. He said: (Resist the thought, if you do not do it, then the thought would become a desire, and if you do not confront it, then it would become an action, then if you do not do the opposite deeds, it would become a habit that is difficult for you to leave).

If a person surrenders to his desire by committing illegal sights and/ speeches of “Haram”, or committing similar deeds of overstepping the allowed boundaries, he may reach the steps that lead him to fall into marital infidelity (through unlawful sights or speeches). Then he might be involved



in illegal rendezvous.....etc., after which the homes are destroyed and destructed. This may lead to cutting of the Marital Relations that will then cause eternal separation/divorce and scandal among people.

The couple must follow the causes that would lead to achieving Marital Happiness, and to keep away from causes of vices. Both the wise husband and wife will block the doors before any deviation (much or little) enters.

The wise woman is she who would prepare her home, herself and the children to the best possible condition. Therefore, when the husband enters the home, he would see what is pleasing him and would protect him against “Muharamaat”. We shall consider this point carefully.

The problem occurs when women do not take care of their husbands righteously accompanied with weakness in religion. This gives way to the sneaking of Devil/Satan in between.

Therefore, each of the spouses must maintain performing the main Prayers and Nawafil/ Extras Prayers and doing Al-Zikr, holding their sights away from what God has forbidden.

However, this does not mean that if the woman are not fulfilling her duty towards her husband righteously, the husband can justify for himself going beyond the boundaries that God has permitted.

He/she who preserves the instructions of Allah, the Almighty God will make him a way of survival (to survive through legitimate ways) and he/she who cares to abide by the Instructions/Guidance of Allah, the Almighty God will preserve him.

The Messenger of God said: “O lad, be mindful of Allah and He will protect you” {Al-Tirmithi 2516}.

Therefore, spouses must council each other to observe the commands of the Almighty God to avoid the forbidden, to know each other's rights towards his/her partner and to fulfill his/her duties. Therefore, to achieve true happiness, and to keep away from pitfalls and dangerous turns that may endanger him/her which leads to the collapse of their marriage.



## Warnings & some issues

### Warnings and some issues prior to inflicting divorce:

#### 1. Maximizing the impacts of divorce:

Divorce is a means of delaying, encouraging and seeking treatment.

Allah says: “And when you have divorced women and they have fulfilled the term of their prescribed period, either take them back on reasonable basis or set them free on reasonable basis. But do not take them back to hurt them, and whoever does that, then he has wronged himself. In addition, treat not the Verses (Laws) of Allah as a jest, but remember Allah's Favors on you (i.e. Islam), and that which He has sent down to you of the Book (i.e. the Qur'an) and Al-Hikmah (the Prophet's Sunnah - legal ways - Islamic jurisprudence, etc.) whereby He instructs you. And fear Allah, and know that Allah is All-Aware of everything.2/231.

Shaykh al-Saa'di (may Allah have mercy on him) said in his interpretation: "For Allah has not brought them down in vain, but He has revealed them with truth, truth and earnestness. He forbade people to take them as a shudder (which means to plays with them by daring easily to enforce divorce or by not abiding himself to fulfill their duties such as adopting “Madhara” by holding the wife to hurt her or to just implement the separation between the husband and wife. Alternatively, to enforce multi divorces or uttering all the three divorces in one time, especially as the Mercy of God stipulates if one swears of divorce each time).

Some people would utter divorce for the slightest reason at the first issue between him and his wife, and some of them utter the divorce during menstruation, or during the cleanse time where intercourse occurs, or applying three divorces at one time. Of course all these practices are “Haram” and they are transgresses of the limit of Allah.

Husbands say the word of divorce often in rashness and in anger and they use it for something worthless, then afterwards they feel regret and start looking for scholars/courts to find solutions for their problems (the divorce).

If only they adhered to the limits of Allah and obeyed His command, they could save themselves the embarrassment.

Some other people would utter divorce in everything, and at every occasion. Therefore, other than swearing to abide themselves or others to do so or to refrain from doing something, they would utter divorce (i.e. By saying "Alaya Al- Talaq").

If things were differently, men will find themselves involved in real divorce and try to find some solution to save their marriage.



Accordingly and due to misusing the divorce right, the number of divorce cases in our country are terribly exceeding the frightening limits and as a result thereof more than thirty thousand women are directed annually to their pathetic fate, and tens of thousands of children to diaspora.

Dear Men/Husbands,

How humiliated the family life has become. Divorce words is like a play/toy in the hand of reckless husbands who could destroy his marriage by something silly such as insisting on the quest to sit somewhere or to do something.

Dear Brother (the husband),

Read carefully and closely Surah At-Talaaq (The Divorce), more than once, to see how many reminders of piety fear of God, the limits of God, and the day Judgment are mentioned in it.

Just think why the reminders are mentioned? In fact, it is to highlight the greatness & importance of the covenant of marriage and its sanctity, and to warn people of being indulged in it.

The Almighty said: “And they have taken from you a firm and strong covenant” 4/21. But rather, Allah called Divorce from one of the Limits of Allah.

**However, before implementing divorce, we must not overlook these things:**

- Follow what God has commanded us about sending two judges i.e. (Wise people from both parties). The Almighty said: “If you fear a breach between them twain (the man and his wife), appoint (two) arbitrators, one from his family and the other from her's; if they both wish for peace, Allah will cause their reconciliation. Indeed Allah is Ever All-Knower, Well-Acquainted with all things” 4/35. Just imagine how helpful the attempts of reconciliation would be.
- The efforts exerted by the Reconciliation Offices in the courts and the efforts of Reform Centers available in the districts/neighborhoods. Their fruitful efforts is appreciated, we ask the Almighty God to reward them the best.
- The responsibility of parents, brothers and relatives towards their daughters & sisters, as they must stand with their daughters & sisters for the interest of both spouses, and not to abandon them.
- Checking your own behavior to know the reason of what happened i.e. (is it because of your bad companionship, harshness, toughness, lack of respect of the wife's rights).



- Sit alone and think in a frank and truthful way using “Internal Dialogue” with yourself, then you will see the truth clearly.
- Adopting the consultation method: “And those who answer the Call of their Lord [i.e. to believe that He is the only One Lord (Allah), and to worship none but Him Alone], and perform As-Salat (Iqamat-as-Salat), and who (conduct) their affairs by mutual consultation, and who spend of what We have bestowed on them”.42/38. “And consult them in the affairs” 3/159.
- Using Istikharah (seeking guidance from Allah): (i.e. requesting guidance to help selecting one of two the choices).

Jabir (May Allah be pleased with him) reported: The Messenger of Allah (ﷺ) used to teach us the “Istikharah” (seeking guidance from Allah) in all matters as he would teach us a Surah of the Qur'an. The best thing to do is to combine “Istikharah” and “Consultation” as this is the perfection of compliance with the “Sunnah”.

### **Guidance (what to do when the Divorce is decided):**

First of all, before deliberating on this topic, it should be highlighted that God made the divorce as the final step to break the marriage (after all failed solutions). “But if they separate (by divorce), Allah will provide abundance for every one of them from His Bounty. And Allah is Ever All-Sufficient for His creatures' need, All-Wise” 65/130.

If the husband wants to divorce his wife, he should divorce her with one (one swear only). Divorce is permissible if the wife is in the time of “purity” if they do not have intercourse during that purity time.

Allah says: “O Prophet (ﷺ)! When you divorce women, divorce them at their “Iddah” (prescribed periods), and count (accurately) their Iddah (periods). And fear Allah your Lord (O Muslims)” 65/1.

It is not permissible to divorce a woman when she is menstruating in case the wife is pregnant.

### **What should the wife do after being divorced?**

The divorced wife must spend the 'Iddah' (the prescribed period) in her husband's house and he is not allowed to kick her out.



Allah said “O Prophet (ﷺ)! When you divorce women, divorce them at their 'Iddah (prescribed periods), and count (accurately) their 'Iddah (periods). And fear Allah your Lord (O Muslims), and turn them not out of their (husband's) homes, nor shall they (themselves) leave, except in case they are guilty of some open illegal sexual intercourse. And those are the set limits of Allah. And whosoever transgresses the set limits of Allah, then indeed he has wronged himself. You (the one who divorces his wife) know not, it may be that Allah will afterward bring some new thing to pass (i.e. to return her back to you if that was the first or second divorce)” 56/1.

- The wife does not have the right to leave the home of her husband, and to hide/keep away from him. She must beautify herself, as God may want them to return to each other.

Allah said: “You (the one who divorces his wife) know not, it may be that Allah will afterward bring some new thing to pass (i.e. to return her back to you if that was the first or second divorce)” 56/1. After the period of 'Iddah' (the prescribed period) if the husband does not return to her, the little Baynouna from his side will take place (of course, the little Baynouna will take place after the first/second divorce) and the wife can return to him according to her own consent with a new dowry.

If the third divorce occurs, the big Baynouna will take place and he cannot return to her until she marries another husband.

After the third divorce, each ex-partner must be careful and not disclose secrets of the other party. They should not mention the defects of each other or to brainwash the children with hatred, push the children away and to cut ties with the other party.

Dear reader, if you found righteous information then it is by the virtue of our Lord and His support. And if you found otherwise, then it is from myself and Satan. I am asking forgiveness of Allah and repenting to him.

In conclusion, I ask the Almighty to reconcile the status of every husband and wife, and prevail on them all affection & mercy, and to protect them from their evils, desires and Satan.

All praise be to Allah the Lord of the Worlds, may Allah send his Peace and Blessing on our Prophet Muhammad (ﷺ), His Family and Companions.

#### **Some references used:**

1. The Interpretation of Meanings of “The Noble Quran”

Published by Dar-us-Salam Publications.

2. Al- Fawaaid (of Ibn Al-Qayim)



3. Sahih Al-Bukhari
4. Sahih Muslim
5. Sunan Abi Dawood
6. Sunan An-Nasa'i
7. Sunan At-Tirmidhi
8. Musnad Imam Ahmad
9. Tafseer Al Saadi
- 10-Encyclopedia of Nadhrat ul Naeem



## Index

### Basic elements of Marital Happiness

1. Prayer
2. Preserving Al-Azkaar (Reembrace of Allah)
3. Repeating frequently saying Al-Azkaar
4. Reading Quran
5. Good cohabitation
6. Staying at home
7. The spouses should know each other
8. Forbearance/kindness
9. Forgiveness
10. Reproaching and Openness
11. Giving Advice & Recommend one another to the truth

### Obstacles to achieve Marital Happiness

1. Improper use of modern communication
2. Underestimating committing sins
3. Interference of the family of husband or wife
4. Weakness of the wife's conviction of Men as protectors  
& maintainers of women
5. Smoking, Drugs and Alcohol
6. Anger
7. Telling lies
8. Disclosing what is going on inside the house to the others



9. Misconception

10. Marital Infidelity

Warnings and some issues prior to inflicting divorce

1. Maximizing the impacts of divorce
2. Table of reference.

