Did you know that it is obligatory for Muslims to believe in Jesus, or that a record of Jesus' life and teachings is preserved in the Qur'an and sayings of Muhammad, as well as in little-known traditions handed down by Muslim communities over the centuries?

Christians brought up in the West are often surprised to discover Muslims who are familiar with the life and teachings of Jesus through the teachings and scriptures of Islam, while they themselves are unlikely to have learned anything about the Prophet Muhammad at church. This is partly a matter of history: Islam incorporates the Judeo-Christian tradition and embraces Jesus in the same way that Christianity incorporates the Old Testament and embraces Moses (peace be upon them both). All three religions trace their roots to Abraham, and contrary to what one might expect, the Qur'an and the Bible share and uphold many beliefs, practices and virtues in common -- from a belief in God, the angels and the Day of Judgement, to the virtues of prayer, charity and fasting, to the importance of truthfulness, patience, and love. Together, Christianity and Islam account for the beliefs of more than half the world’s population, and rather than being ideological opposites as some people imagine, they are in many ways the closest of the world’s major religions.

This inherent common ground is one of the reasons the Prophet Muhammad (peace be upon him) advised the weak and poor among his early followers to seek refuge in Christian Abyssinia (present-day Ethiopia) to escape the persecution of the idolatrous Arab tribes, before Islam became established in Arabia. An account of their flight was recorded by Muslim historians, and it succinctly captures the heart of the relationship between the two faiths. When the corrupt leaders of Makkah pursued the Muslims into Africa and asked the Negus for them to be returned, the Abyssinian ruler called the small community of Muslims to be assembled before him, then asked:

‘What is this religion which has caused you to become separate from your people, though you have not entered my religion nor that of any other folk around us?’

Their spokesman Ja’far, Muhammad’s young cousin, replied, ‘O King, we were a people steeped in ignorance, worshipping idols, eating unslaughtered meat, committing abominations, and the strong would devour the weak. That is how we were until God sent us a Messenger from out of our midst, one whose lineage was known to us, and whose truthfulness, trustworthiness and integrity were renowned.'
'He called us to God that we should testify to His Oneness, and worship Him and renounce what we and our ancestors had worshipped in the way of stones and idols; and he commanded us to speak truly, to fulfil our promises, to respect the ties of kinship and the rights of our neighbours, and to refrain from crimes and bloodshed. So we worship God alone, setting nothing beside Him, counting as forbidden what He has forbidden and as permissible what He has allowed. For these reasons have our people turned against us, and persecuted us to try to make us forsake our religion and revert from the worship of God to the worship of idols. That is why we have come to your country, having chosen you above all others. We have been happy under your protection, and it is our hope, O King, that here with you we shall not suffer wrong.'

His speech was translated by the royal interpreters, whereupon which the Negus asked if they had with them any revelation their prophet had brought them. Ja'far then recited the following verses of the Qur'an, from the chapter entitled 'Mary':

"And make mention of Mary in the Scripture, when she withdrew from her people to a place towards the east, and secluded herself from them. We sent to her Our spirit (the angel Gabriel), and he appeared to her in the likeness of a perfect man. She said, 'I seek refuge in the Compassionate God from you; (do not come near me) if you fear the Lord.' He replied, 'I am none other than a messenger from your Lord, (to announce) to you the gift of a pure son.' She said, 'How can I have a son when no man has touched me, nor am I unchaste?' He said, 'Even so will it be; your Lord says, "This is an easy thing for Me. And We shall make him a sign for humanity and a mercy from Us. So it has been decreed."' (Qur'an 19: 16-21)

Ja'far's recitation and the subsequent translation of these verses brought tears to the king's eyes, who responded, 'This has truly come from the same source as that which Jesus brought.' He granted the Muslims his protection, against the wishes of the Arab tribes. But the tribesmen, furious that their plans and alliances had been frustrated, decided to rouse the king's ire against their monotheistic cousins by playing up the differences between Christianity and Islam regarding the position of Jesus. The king assembled them together once again and asked,

'What do you say about Jesus, son of Mary?'
Ja'far replied, 'We say of him what our Prophet has brought us, namely that he is the servant of God and His Messenger, and His Spirit and Word which He cast into Mary, the blessed virgin.'

The Negus then lifted his wooden staff and said, 'Jesus does not exceed what you have said by the length of this stick.' The bishops present objected to the king's judgment, but that did not deter him from granting the small Muslim community full protection, declaring, 'Not for mountains of gold would I harm a single one of you'.
(Adapted from Muhammad: his life based on the earliest sources, by Martin Lings)

That was Christianity's first encounter with Islam, and is how Islam first came to flourish -- in Africa, under the protection of a benevolent Christian king.
Differing Christian Views on Jesus

It may surprise some to think of any Christians accepting a description of Jesus that fell short of ‘only-begotten Son of God’ and ‘Saviour’, but the Negus would have known of the theological arguments that had raged between various sects in the Eastern birthplace of Christianity for centuries after Christ. Christians had been divided roughly into two ‘camps’ from the beginning, which can perhaps best be described as people who followed the religion of Jesus, versus those who followed a religion about Jesus. The first is exemplified by his disciples, who lived as Jews, believed in One God, and followed the Law of Moses -- which Jesus had come ‘not to destroy, but to fulfil’ (Matthew 5:17). They had no concept of Jesus originating a new religion: they worshipped in the temple, and focused their efforts on spreading the good news to fellow Jews that their Messiah had come. This group further developed and became known as Arians, after Arius, a North African bishop who emphasized Jesus’ human nature. The second was led by Paul, a charismatic speaker who had never met Jesus and had persecuted many Christians before his sudden conversion. Under his leadership, Pauline Christians directed their conversion efforts towards non-Jews and developed a theology foreign to the Old Testament, including belief in a Trinity (which had been prevalent among Romans, Egyptians and other pagans), an emphasis on Jesus as the ‘son’ of God, associated concepts of original sin and atonement, and the central dogma of Jesus’ (supposed) crucifixion and resurrection.

The Council of Nicea

Disagreements between these and other sects had grown so great by the 4th century that the Roman Emperor Constantine decided to convene the Council of Nicaea (Iznik, Turkey) in 325, to settle the matter of true belief ‘once and for all’. During this event (in which Constantine’s own trinitarian leanings were made known), the bishops of the Christian world gathered together for the first time to debate doctrine, and a draft creed espousing belief in a Trinity of ‘Father, Son and Holy Ghost’ received the most votes. Dissenting bishops were suddenly declared heretics; their writings were banned, and the gospels supporting them burned. That marked the birth of the Roman Catholic Church, state religion of the Roman empire. Tens of gospels and other writings that individual churches had been free to use, some which presented an alternative view of Jesus, were destroyed; only four were included in the New Testament collection, along with a heavy dose of Paul’s writings. Despite this totalitarian approach to achieving ‘religious unity’, a small number of dissenting Christian sects survived, together with alternative gospels that were carefully hidden and only came to light in the 20th century. Europe’s Germanic tribes were converted directly to Arian Christianity rather than Roman Catholicism; a tradition of dissent among them later helped fuel the Protestant Reformation and the establishment of the Unitarian Church.

Viewed in historical context, the main theological differences between Muslims and Christians are largely the same differences that have been a major source of disagreement between Christians themselves from the beginning. These concern the nature and role of Jesus, his relationship with God, and how best to venerate and follow his example.
In contrast to the often contradictory passages of the New Testament, the Qur’an teaches monotheism, pure and simple: faith in One God, Creator and Sustainer of the universe, a Supreme Being without partners, associates or family members. There is no concept of an intermediary in Islam, whether priest or saviour, who must intercede between a human being and his Creator. Whatever individual Christians may understand by the term ‘son’ or ‘Father’ — whether in their minds the terms symbolize no more than a caring, loving relationship, or whether they regard belief in the Trinity as the key to avoiding eternal damnation — Islam considers that the Christian view in which Jesus is ‘idolized’ while God is ‘humanized’, obscures Jesus’ invaluable role as master teacher and role model, while vastly underestimating God’s transcendent majesty. It is impossible, indeed inconceivable to Muslims that the Almighty Creator of the Universe could appear in any human form, whole or in part, constrained by time and space. As the prophet Solomon is reported as saying after completing the Temple of Jerusalem,

‘But will God really dwell on earth?’

The heavens, even the highest heaven, cannot contain You. How much less this temple I have built!’ (1 Kings 8:27)

While the Qur’an, like the Bible, confirms that Jesus had no human father, it does not accept that this makes Jesus the son of God any more than it does Adam himself, who was created without either father or mother. Rather, when God decides something, ‘He need only say to it ‘Be!’ and it is’ (Q. 3:47).

It is interesting to note that the term Jesus most often used of himself in the New Testament gospels is ‘son of man’ (in Hebrew, literally the ‘son of Adam’); a term that for Muslims emphasizes his human nature. The phrase ‘son of man’ also appears in the Old Testament, where it underscores man’s insignificance before God as well as the undeserved honour God has shown him:

‘How then can a man be righteous before God?… If even the stars are not pure in His eyes, how much less man, who is but a maggot — a son of man, who is only a worm!’ (Job 25:4-6)

‘When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have set in place, What is man that You are mindful of him, the son of man that You care for him? You made him a little lower than the heavenly beings, and crowned him with glory and honour.’ (Psalms 8:3-5)
Many Arians, Unitarians and other like-minded Christians have argued against the existence of a trinity, basing their reasoning on passages of the Bible itself. The fact that there is no mention of the word or concept in the Old Testament is one of the most important, as God surely would have found it important enough to mention to Moses and the many other prophets of old. Yet the cornerstone of the Jewish faith has always been,

‘Hear, O Israel: the Lord our God, the Lord is One. You shall love the Lord your God with all your heart and with all your soul and with all your strength.’ (Deut. 6:4), and, ‘You shall have no other gods besides Me.’ (Deut. 5:7)

Jesus never taught his followers to pray to himself, and no record of him preaching about a trinity exists. Rather, he says,

‘By myself I can do nothing’ (John 5:30),
‘the Father is greater than I’ (John 14:28),

and many similar statements which support pure monotheism, although other passages in the New Testament contradict it. Many Christians came to the conclusion that the Biblical texts must have been corrupted, as the Qur’an indeed asserts. The reader is referred to the writings of John Biddle, father of Unitarianism, as well as others such as Milton, Sir Isaac Newton, John Locke, Thomas Jefferson, and Benjamin Franklin for examples of this kind of reasoning.

The Qur’anic position on Jesus

The Qur’an speaks of ‘the Gospel’ (Injil) as a book of Scripture revealed to Jesus by God, from which he preached, like the Torah of Moses. It is clear from early Christian history as well as modern Biblical studies that this original Scripture has been lost forever, and the fragments that remain in the form of various gospels have been corrupted so that they do not inspire confidence. The Qur’an, which was revealed partly in order to clarify points that had been misunderstood by previous religious groups, paints a brief but clear portrait of Jesus as Messenger of God.

Responding to the views of an early Christian sect known as ‘Adoptionists’, who believed that God had ‘adopted’ Jesus, the Qur’an says:

‘It does not befit (the majesty of) the Compassionate God that He should adopt a son. There is none in the heavens and the earth but shall come to the Compassionate One as a servant.’ (Q. 19:92-93)
The Angel Gabriel announced to the virgin Mary the miraculous nature of the child she was to bear by saying:

'O Mary! God gives you the good news of a word from Him, whose name is the Messiah, Jesus, son of Mary, held in high honour in this world and the Next, and one of those brought near (to Him). He will speak to people in his cradle and in the prime of manhood, and he is one of the righteous. (God) will teach him the Scripture and wisdom, and the Torah and the Gospel, And (will appoint him as) a Messenger to the Children of Israel (saying), 'I come to you with a miracle from your Lord (as proof of my message). I will make the likeness of a bird for you out of clay; (then) I will breathe into it and, by God's permission, it shall become a (living) bird. And by God's permission I will give sight to those born blind, and heal the leper, and raise the dead to life. And I will inform you of what you eat and what you store in your houses. Surely that is a sign for you, if you are believers.

And (I came to you) confirming (what has been sent down before me in) the Torah, and in order to make some of the things which were forbidden (in the past) lawful for you. I came to you with a sign from your Lord, so fear Allah and obey me. God is my Lord and your Lord, so worship Him. That is the straight path.' (Q. 3: 45-51)

Some of these miracles are unfamiliar to modern readers of the Bible, but the accounts do appear in the 'Infancy Gospels', which enjoyed wide circulation in eastern churches for many centuries.
The Qur'an says:

'(The Jews who rejected Jesus earned God's displeasure) because of their denying the truth and slandering Mary with a terrible accusation; and because of their (boasting) claim, 'We killed the Messiah, Jesus, son of Mary, God's Messenger!' They neither killed him nor crucified him, thought it was made to appear that way to them. Those who disagree about this (matter) are full of doubts; they have no knowledge about it except to follow guesswork and speculation, but they certainly did not kill him. Rather, God raised him up to Himself, and God is ever Mighty, Wise. There is not one of the People of the Scripture who will not believe in him (as he should be believed in) before his death (e.g. after his Second Coming), and on the Day of Judgement he will be a witness against them.' (Q. 4:156-9)

The most prevalent interpretation of these verses among Muslim scholars is that someone else (such as the traitor Judas Iscariot) was crucified instead, while Jesus was raised to heaven, as God often saves those beloved to Him. The Prophet Muhammad taught that Jesus will return to earth one day to rule in peace and justice, although Islamic prophecies on the subject differ from Christian ones.

**The historical Jesus: Messiah, Messenger, Wise Teacher and Prophet**

The Islamic view of Jesus is a logical and reasonable one, which is consistent with earlier Biblical teachings, and people today can relate to: he was a virtuous and wise teacher; an ascetic who taught by personal example and spoke without fear against corruption in high places; prophet and Messiah of the Jewish people, who healed and brought the dead to life by God's permission; an honoured Messenger of God. Rather than being sent to found a new religion, he came to 'breathe life' into and revitalise the interpretation of Mosaic Law. Muslims believe that this vision of Jesus as respected prophet and Messenger of God, rather than being in any way degrading, simply and accurately represents the truth about a great man who was widely misunderstood.

**Teachings of Jesus as related by generations of Muslims**

Stories related by Muslims about Jesus are plentiful, and highlight his role as teacher of wisdom. It is quite likely that some of these originate from lost or non-canonical gospels that were studied or memorised by Christians who later converted to Islam, as they bear resemblance to sayings contained in the 'Wisdom Gospels'. A few examples are:

Jesus said, 'Do not hang jewels around the necks of swine. Wisdom is finer than gems, and those who do not value it are worse than swine.'

Jesus said, 'A plant can only grow in yielding earth, not on hard rock. In the same way, wisdom flourishes only in a humble heart, not one which is proud and unyielding.'

The disciples asked Jesus to teach them how to win God's love. He said, 'Make the world your enemy, and God will make you His friend.'

(The above and many other sayings are related by the classical Muslim scholar Al-Ghazali in his Revival of the Religious Sciences. For translations of and information on other gospels, see The Complete Gospels, edited by R.J. Miller.)
The Prophet Muhammad spoke with much affection and respect of Jesus, and taught Muslims to do the same. Relating some of Jesus’ teachings, he said:

‘Jesus, son of Mary, used to say, “Do not speak much without mentioning God, for your hearts will become hardened. A hard heart is far from God, if you only knew.”

‘Do not ask at the wrong actions of others as though you were lords; look at your own wrong actions as if you were slaves. Some people are afflicted by sins while others are protected from (committing) them. Be merciful to those who are afflicted, and praise God for His protection.’

And Muhammad emphasised the true and common message of Christianity and Islam, saying:

‘Both in this world and in the Hereafter, I am the nearest of all people to Jesus, son of Mary. The prophets are paternal brothers; their mothers are different, but their religion is one.’

‘If anyone testifies that no one has the right to be worshipped except God alone, Who has no partners, and that Muhammad is His servant and Messenger, and that Jesus is His servant and Messenger, and His word which He bestowed on Mary and a Spirit created by Him; and that Paradise is true and Hell is true, God will admit him to Paradise with his (good) deeds, even if those deeds were few.’

Islam’s invitation to Christians

Many Arab Christians converted to Islam during and soon after Muhammad’s lifetime because they recognised the simple truth of his message, and were convinced that New Testament passages regarding the appearance of a ‘Comforter’ and other Biblical prophecies referred to him. Those who seek a truly historical prophet, whose life and teachings have been lovingly preserved in remarkable detail, may wish to learn more about Muhammad – another great leader who continues to be widely misunderstood, especially in the West.

We conclude with the words of the Qur’an:

Say, ‘O People of the Scripture! (Let us) come to an agreement together: that we will worship none but God, and that we will not associate any (other god) with Him, and that none of us shall take others for lords besides God.’ And if they turn away, then say, ‘Bear witness that we are (the ones who have surrendered to Him, as] Muslims.’ (Q. 3:64)

‘...You will find that the (people) nearest to the (Muslim) believers in love and affection are those who say, ‘We are Christians.’ That is because there are priests and monks among them (completely devoted to serving God), and because they are not proud. When they listen to what has been revealed to the Messenger, you see their eyes overflow with tears because they recognise the truth. They say, ‘O Lord, we believe, so register us among the witnesses! Why should we not believe in God and the truth that has come to us, and (why should we not) hope that our Lord will admit us (to Paradise) with the righteous?’ (Qur’an 5:82-84)
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